Tips for a Successful Cat Adoption

Cats are particularly sensitive to new surroundings, people and other animals.

It is crucial to give your newly-adopted feline friend lots of time and patience to adjust. You can avoid pitfalls with your new pet and help him/her adapt more easily by following these guidelines.

Create a Sanctuary Room

Cats feel safer and more secure in small spaces.

Provide your kitty a quiet and calm room away from other animals, if possible, where he/she can become familiar with your home's scents and sounds for a couple of days.



Furnish the room with cat amenities such as food, water, a hiding spot and a litter box.

Spend time with your newly-adopted feline friend and always give them the option of walking away from you if they feel the need to.

Gradually Introduce Your Pets

When looking for another addition to your family, it is important consider your current pet's temperament and personality.



If you have other pets, ask one of our staff members for our step-by-step introduction sheet, as it increases your chances of building a bond between your pets.

Avoid Litter Box Aversion

Fill the litter box with about 3 inches of unscented litter and place it where your kitty may use it undisturbed.



Keep it clean by scooping it AT LEAST once daily.

If you now have more than one cat, you need multiple litter boxes - ideally one per cat, plus a bonus box.

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Provide Scratchers

Cats instinctively need to scratch.

This is also a way to scent mark and take ownership of their territory, therefore making them feel more secure.



Are you providing the right scratcher?

Check out our website blog for tips on finding your cat's scratching preference.

Play, Play, Play!

Interactive play is when you play with your cat using a moving toy.

This helps your kitty overcome stress and anxiety, expend energy, increase their confidence level, build trust and strengthen your bond!



Are you providing the right toys?

Check out our website blog for tips on finding your cat's prey preference.

Reach out to us

Having trouble acclimating your cat?

Our trained Cat Behavior Counselor is one phone call away and will be happy to guide you through any behavioral challenges **free of charge**.

We recommend scheduling a behavior consult as soon as you see the first signs of behavioral issues. The earlier you turn an unwanted behavior around, the easier it will be!



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Understanding Your Cat's Needs And Behaviors

Although the needs of today's cats have changed from those of their wild ancestors, a lot of those needs are still crucial to fulfill if you want to have a "well-behaved" and happy cat.



Is it behavioral or medical?



Always rule out medical reasons <u>first</u> by taking your kitty to a Veterinarian!

Behavior problems are a leading cause of pets being surrendered to shelters. However, quite often some of the most common behavioral issues such as not using the litter box and biting are actually caused by a **medical issue**.

Because cats often do not express obvious signs of pain, stress or sickness that we can easily recognize, we tend to believe they are just "acting out".

Another reason for inappropriate behaviors like scratching and biting can caused by their environmental needs not being met.

Obligate Carnivores







The cat's body has evolved to catch, eat and digest meat.

Unlike humans, cats NEED to consume meat in order to survive. They are so dependent on meat derived protein that their bodies will actually start to break down their own body muscle and organs if deprived of it.

Our dear cats do not possess the physiology to digest vegetable matter although they may consume it for non-nutritional purposes.

Always consult with your Veterinarian to find out what is the best diet for your cat.

Cats Crave Routine



Cats are creatures of habit. This is why they can be resistant to change. Try to maintain their daily schedule and stick to it as much as possible to minimize stress.

Our feline friends have inherited a similar natural cycle from their wild ancestors:



Remember, providing positive, consistent and predictable human-cat social interaction is important to get to know your kitty's personality and preferences.

Twilight Habits



Contrary to popular belief, cats are **twilight** creatures and not nocturnal. This means cats are more active at dawn and dusk than other times of day – that is when their hunting instincts kick in more intensely as they can see better in low light.

It is common, however, for our domestic cats to display nocturnal habits consequently disturbing their people's sleeping schedules. The easiest solution is to provide daily enrichment <u>and</u> not reward them with any attention when you're trying to sleep.

